



**ORTHOPÄDIE
TECHNIK**



**REHABILITATION
& THERAPIE**



**MEDICAL FITNESS
& GESUNDHEIT**



**SPORT
PROTECTION**



Daily care for the production of a K-COM knee brace at ORTEMA

At our **headquarters in Markgröningen** there is the possibility of a so-called daily care. This is only possible in Markgröningen and not at other ORTEMA locations. In the morning we take the plaster cast or scan of your leg, and in the afternoon we fit the individually manufactured knee brace for you. We often do this for customers and athletes who have to travel a long distance to get there.

Please note: If you still have the **original prescription (recipe)**, be sure to bring it with you.

In order to facilitate your and our planning, the following process is provided for you:

- ▶ You should arrive at the ORTEMA Orthopädie-Technik in Markgröningen at **7:30 a.m.** on the agreed date.
- ▶ (You can find a map in the appendix - if you arrive by car please be sure to observe the speed regulations - there are **many radar controls** in our area)!
- ▶ We will introduce you to the K-COM knee brace developed by us, discuss the fitting options with you and determine the individual version to match your diagnosis.
- ▶ We make a plaster cast or scan of your leg (duration approx. 60 - 90 min.).
- ▶ If you wish, you are invited by us to have breakfast in the OKM cafeteria. At the same time the production starts.
- ▶ From around 9:30 a.m. the day is at your free disposal.
- ▶ You are also welcome to train free of charge in our modern ORTEMA fitness area, for which we require a short advance notification from you.
- ▶ Otherwise you have the possibility to do some interesting activities in our near surroundings, e.g. Mercedes Benz Museum (approx. 20 km), Porsche Museum (approx. 11 km), Ludwigsburg/Blühendes Barock (about 8 km) or Breuninger Land Ludwigsburg (shopping center about 7 km).
- ▶ The fitting of your custom-made K-COM knee brace takes place in the afternoon at approx. 3 p.m.
- ▶ The fitting, walk control and completion as well as instruction in use takes about 90 - 120 minutes.
- ▶ Afterwards, you can leave our premises with your individually manufactured and fitted K-COM knee brace.

Please bring a sport-shorts, a pair of sport shoes and your sports-specific equipment, e.g. ski boots, ice skates, motocross boots or other personal protective equipment to the agreed date!

Please remember to bring your sportswear and shower utensils when you visit our ORTEMA fitness studio want to train!